



Our menus are purely suggestions we are happy to create a menu for your specific event or occasion within your special requirements & budget. We are happy to provide a taster session



370 Mumbles Road Norton Swansea SA3 5TN

[www.zing.wales](http://www.zing.wales) ✉ [info@zing.wales](mailto:info@zing.wales) ☎ 01792 549495 📞 07779 169 135

## Formal BBQ

### Fish

King Prawn & Pineapple

Lime & Coriander Tuna Steaks

Seafood Paella ( Prawns, Mussels & Cockles)

Lemon Grass Salmon Parcel

Monkfish & Bacon Kebabs

### Meat

Peppered Rump Steak

Harrisa Lamb Kebabs

Cajun Chicken Kebabs

Sage & apple Pork Cutlet

Garlic Chicken Kebabs

Thai Spiced Chicken Kebabs

Chinese 5 spice pork ribs

Welsh Lamb Cutlets with Mint Salsa

Filet Steak (6oz £4.00 supplement)

BBQ Pulled Pork

### Vegetarian

Mediterranean Vegetable Kebabs

Aubergine Beef Tomato & mozzarella

Cherry Tomato & Pepper Kebabs

Mediterranean Paella

### Salads & Potatoes

Mixed Leaf Salad with Vinaigrette    Crisp Mint Cucumber Salad

Red onion coleslaw    Tomato, garlic & basil salad

Beetroot, feta & red onion salad    Tomato, mozzarella & basil salad

Melon, mint & chilli salad    Mediterranean cous cous

Greek Salad ( feta, olives )

Waldorf salad    Spinach, pear & gorgonzola salad

Wild Rice and prawn salad    Tuna & Penni Pasta salad

Tagatelli Verdi and Tomato Salad    Potato & red onion salad

Potato & wholegrain mustard salad    Potato, Garlic & spring onion salad

Traditional Parsley buttered potatoes

Jacket potatoes

Garlic & rosemary skewered potatoes

1 selections + vegetarian and 2 Salads & 1 Potato £9.75

2 selections + vegetarian and 2 Salads & 1 Potato £11.25

3 selections + vegetarian and 2 Salads & 1 Potato £12.75



1. Gluten



2. Crustaceans



3. Mollusc



4. Fish



5. Nuts



6. Peanuts



7. Sesame seeds



8. Eggs



9. Milk



10. Mustard



11. Celery



12. Lupin



13. Soya



14. Sulphur Dioxide

